At temple everybody will have a place to sit. It is important for people to try to stay in their seats when it is time to sit.
When it is time to stand, people stand still in front of their seats.
People say prayers during a service. Usually people do not have conversations during a service.
If people need to have a conversation during the service, they whisper or use a very quiet voice. It is important to try to be quiet in the sanctuary so people can focus on praying.
When people stay in their seats and use quiet voices, it helps everybody to focus on praying. People are happy when they can focus on praying.