Unfold the tallit

Hold the tallit in your hands, placing one hand on either side of the atarah, the thick part which will go around your neck
Say the blessing:

**Baruch ata Adonai**  
*Thank you god*

**eloheinu melech ha olam**  
*king of the world*

**asher kiddishanu bemitzvotav**  
*who gave us his rules*

**vitzivanu**  
*and told us*

**Lihitateif Batzitzit**  
*to wear a tallit*
Kiss the tallit on one side of the atarah, then the other
Put the tallit on over your shoulders
Wear the tallit