Workspace Checklist

☐ Quiet, calm, uncluttered space, separate from others

☐ Comfy place to sit or stand (chair, beanbag, standing desk)

☐ Computer or tablet

☐ Headphones

☐ Pencil

☐ Pencil sharpener

☐ Paper

☐ Water bottle

☐ Focus tool

☐ ______________________________

☐ ______________________________

☐ ______________________________
Workspace Checklist:

- School supplies (one of each)
- Comfy seating option (pillow, chair, standing desk)
- Water bottle
- Separate space from sibling
- Remove clutter
- Quiet and calm space