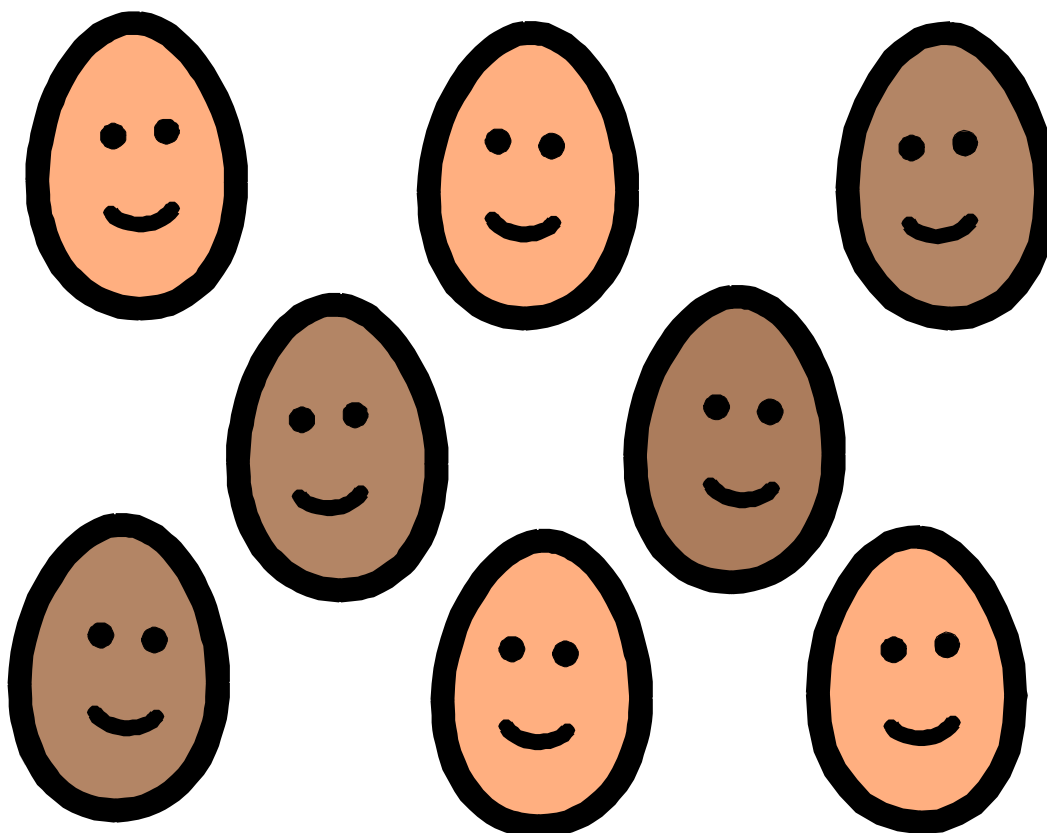
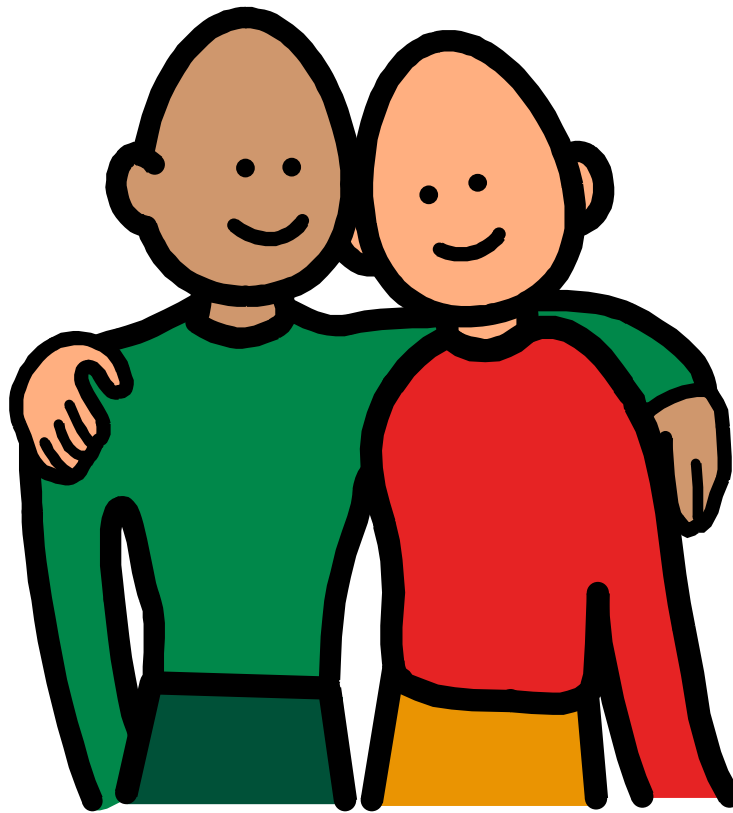


Why People Apologize

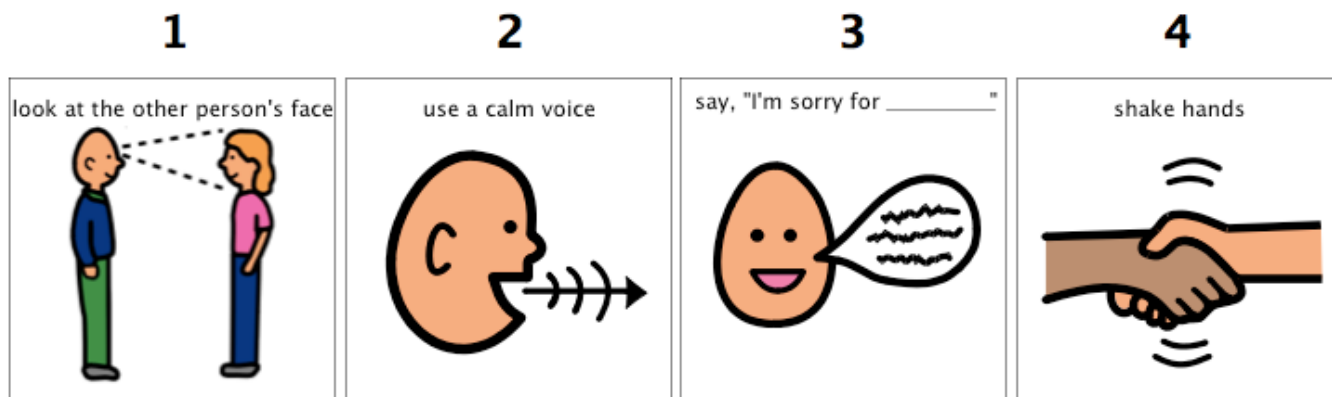


Everybody does things that are wrong sometimes. Sometimes we all do things that hurt other people or make them feel upset.

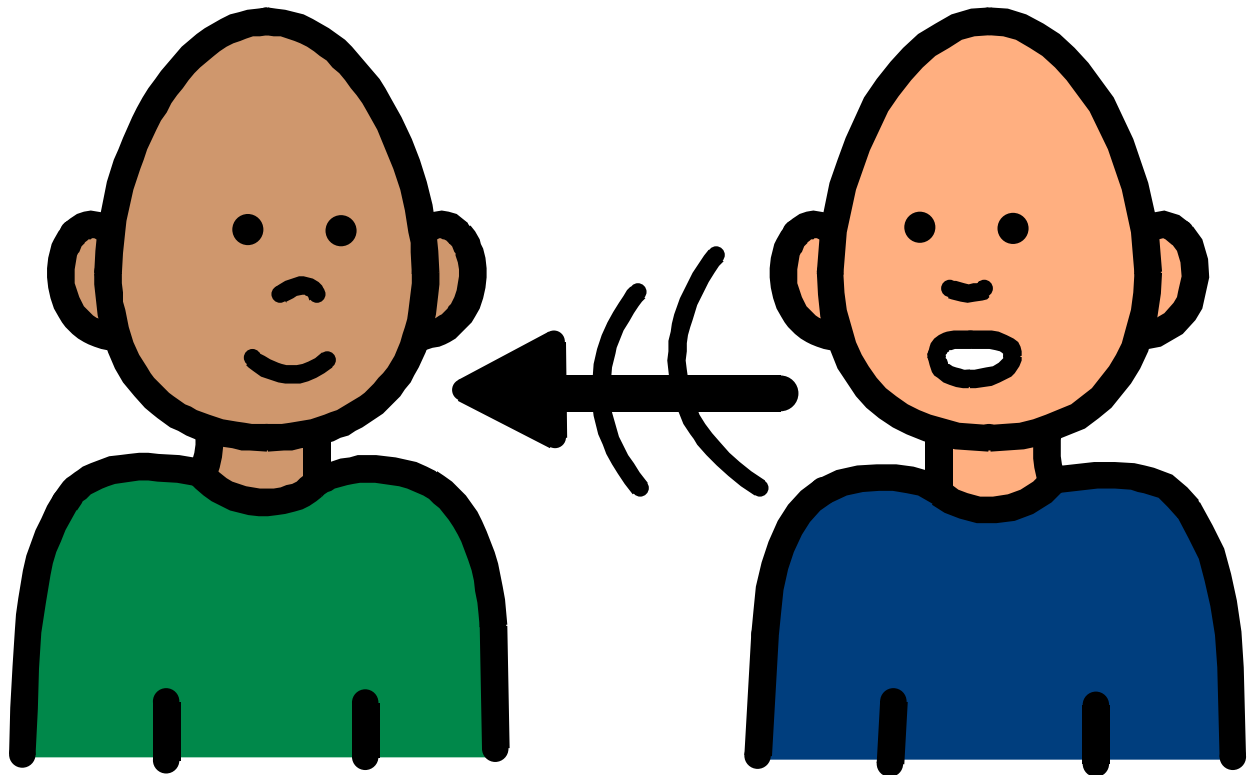


After people do things that have hurt or upset other people, they apologize. It is a smart choice to apologize.

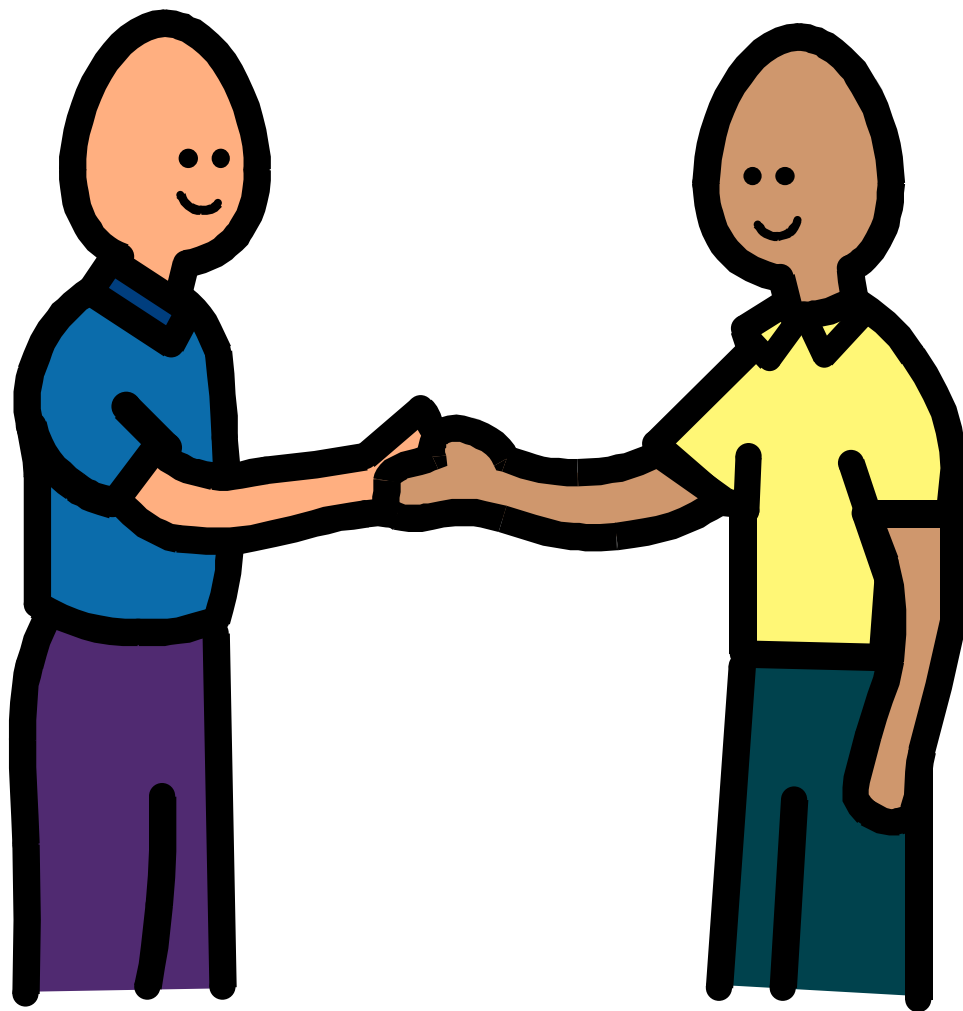
After people apologize, they feel good. The person who accepts the apology usually feels better, too. Apologies can help people to stay friends and get along after an upset.



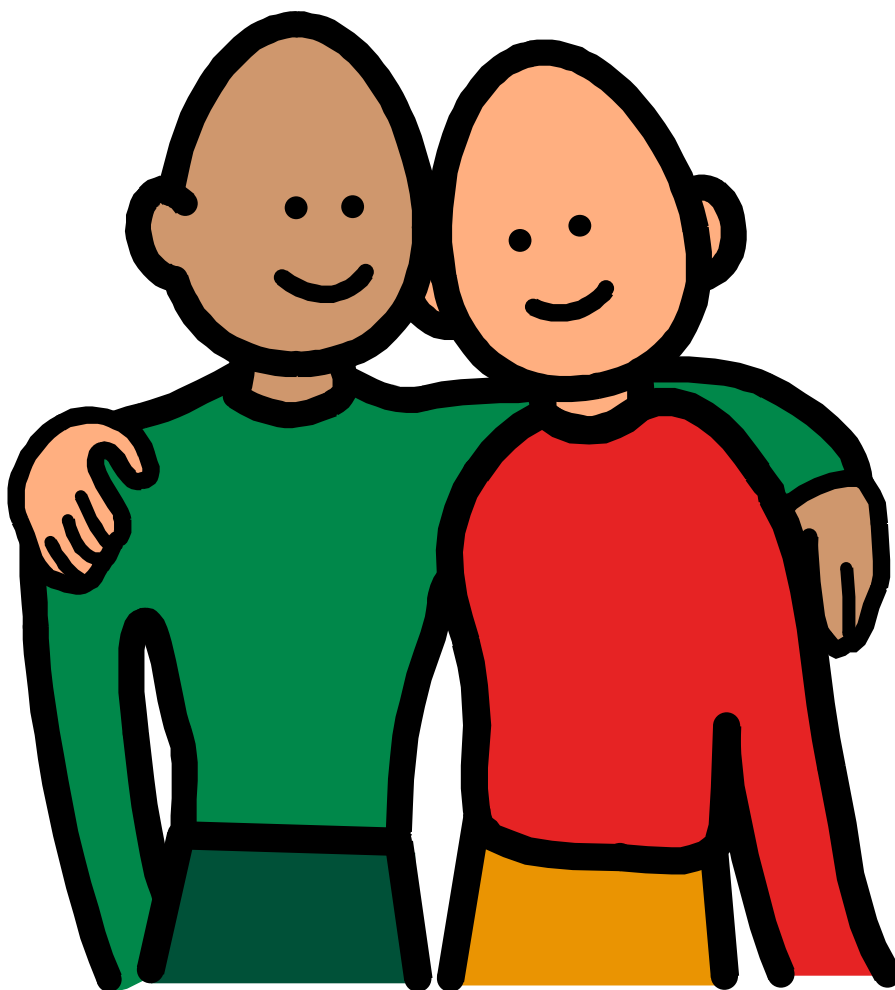
When people apologize they look at the other person's face. Then use a calm voice to say "I'm sorry." After that, both people shake hands.



If I realize that I have done something to upset or hurt another person, I can try to apologize. If somebody tells me that I have done something to upset or hurt another person, I can try to apologize.



If I apologize, I might feel good. It might help the person who I have upset or hurt to feel better, too.



Yom Kippur is a special day when people apologize to each other for things they have done wrong. Apologies can help people to feel good. It is important to start the Jewish new year by feeling good about ourselves and each other.